

Brunch at 140 served all day

One Forty 'Full' Breakfast	£9.95
2 rashers bacon, 2 sausages, 2 eggs of your choice, tomato, mushrooms and 2 slices of toast with marmalade/jam	
One Forty 'Dainty' Breakfast	£7.50
As above but 1's not 2's	
Full Healthy Breakfast (GF) (V)	£9.95
2 potato rosti, 2 poached eggs, crushed avocado, fresh salsa, hummus, grilled halloumi	
Dainty Healthy Breakfast (GF) (V)	£7.50
As above but 1's not 2's	
Bacon Bap with or without fried onions	£5.50
Add fried egg	£1.00
Sausage Bap with or without fried onions	£5.50
Add fried egg	£1.00
Toasted Teacake with butter & jam	£3.25
Creamy Scrambled Eggs with slices of oak smoked salmon and wholemeal toast	£10.95
One Forty Granola The best homemade toasted oats and dried fruit, honey & Greek yoghurt	£6.95

140 Classics

The One Forty Burger	£11.95
Homemade beef burger with pancetta, Swiss cheese & onion served on a toasted brioche and served with fries & coleslaw	
Oak Smoked Salmon & Poached Eggs (GF)	£12.50
With potato rosti & rocket	
Croque Monsieur or	£9.95
Croque Madame (with an egg)	£10.95
Gammon ham, gruyère cheese topped with béchamel sauce and grated gruyère	
Panzanella Salad	£10.95
Mixed tomatoes, ciabatta, basil & Mozzarella	
Chicken Feta Patties	£11.95
Chicken, feta and spinach patties coated in sesame seeds served with lemon mayo, fries & salad	
Grilled Field Mushrooms (GF) (V)	£10.95
Topped with caramelised red onions, sun blushed tomato and grilled goats cheese served with a green salad & roast vine tomatoes	

Extras Served only with one of the above course

Fries	£2.95
Mixed Side Salad	£3.95

SUNDAY MENU

140 SALADS

Superfood Salad (GF) (V)	£10.95
Avocado, quinoa, tenderstem broccoli, soya beans, mint, pomegranate & pumpkin seeds with a citrus dressing	
Mexican Griddled Chicken Salad	£12.95
With roasted sweet potato, avocado, coriander, spinach, quinoa & homemade chipotle mayo	
Warm Roasted Butternut Squash Salad (V)	£10.95
With feta, toasted almonds and maple dressing served with crusty bread	

Children's Menu (12 yrs and under)

Heinz Tomato Soup	£4.75
With a choice of bread	
Kid's Breakfast	£5.95
mini sausages, scrambled eggs, bacon, baked beans & a slice of toast	
Mini Sausages	£5.95
With carrot sticks & fries & ketchup	
Penne Pasta	£5.95
Homemade tomato sauce & grated cheese	
Kids Sandwiches	£4.50
Ham or cheese, served with carrot sticks & Hula Hoops	
Fish Fingers	£5.95
Fries & baked beans	
Fruit Juice	£1.25
Orange or apple	
Cawstons Cartons	£1.45
Apple & Pear, Apple & Summer Berries	

Great food takes time to prepare. We make everything in our tiny kitchen using fresh, locally sourced products. **At busy times there can be a delay** whilst your food is being prepared so if you are short of time please check how long food will take when you are ordering.

Many thanks

*We cannot guarantee the absence of nut traces in any of these dishes

www.oneforty.co.uk



Silver Award